



- Finest Organic & Wildcrafted Herbs

- Over 60 Tea Blends!

- Made in Australia

- Herbalist Designed

- Made in small batches for freshness

- 50g Packs make up to 100 cups

- No preservatives, colourings, flavourings or sweeteners



Herbal Teas Australia
Organic Herbs

Enjoy a variety of refreshing and great tasting teas hot or cold, whilst gaining wellness benefits. It doesn't matter what life stage you're at, whether you're a toddler, teenager, new mother or advancing in years, there's a herbal tea or three that can help you along your incredible health journey. *Enjoy good health.*



Testimonials

What Customers are Saying about Herbal Teas Australia Organic Herbal Teas

MULLEIN tea - Amy (36), Elwood (Vic)

I have just recovered from my second bout of Covid, which wasn't too bad, it was just like a mild flu. But the MULLEIN tea cleared my congestion so quickly and eased the pressure on my chest. Recovery was so much quicker drinking MULLEIN tea.

PROSTATE tea - Bruce's wife, Warragul

We bought the prostate tea for my husband at the last market and already he feels better. He had slight issues which have improved. He was a tea drinker and I wondered how he would go reverting to a herbal tea but now he enjoys the taste and finds it refreshing. He is going back to the doctor for another PSA test next week and he is very optimistic. We'll let you know".

Kids Love Tea GOODNIGHT tea - Kaitlyn, Warragul

We purchased the Kids Love Tea Goodnight about 6 weeks ago and we have noticed a big difference with our kids, we have 2 boys aged 5 and 4. They are very energetic and we had trouble settling them at night, especially our eldest who is autistic. The Goodnight tea has helped to sleep at night rather than lying there awake. Now at night they ask "where's our Goodnight tea?"

MINT MAGIC tea - Facebook message

This is the tea that is keeping me sane during the Covid-129 lockdown in Melbourne. Every day I make up a flask of tea and sip it all day, it's my favourite and the one thing I look forward to during the day while home schooling. I have tried other Mint teas but there is none are as good as yours. Thank you.

RED CHAI tea - Robyn, Warragul, Vic.

I bought some teas from you this morning at Warragul market (actually from your hubby) Just wanted you to know that I have a new favourite! The Red Chai is delicious- it hit the spot! I'm not surprised that I like it though - haven't had one of your teas that I've not liked. Keep up the good work.

TUMMY tea - *Bev Landy, via Facebook*

My discovery of Herbal Teas Australia, began by needing that something extra to relieve my symptoms of IBD, specifically, Crohn's disease. Over the past few years, I have made many changes to my diet, been medically tested, and then eventually went with my "gut" instinct as to what suited me best. But even so, there are still times when my gut reacts to something which I can't quite understand. I was very pleased when I saw that HTA actually had a tea called Tummy. I just knew it was going to be right for me. I find now, when I drink the tea every day, even blending it with another sometimes, that those unexpected tummy symptoms are kept at bay. At the time of my first order of the tea, my husband and I were looking forward to a half-world cruise next February, and I was desperate to have my tummy issues sorted so I had a remedy at the ready on the cruise. Well, we all know what happened then! Anyway, I will still be keeping my special tea handy for when the cruising restarts.

CALM tea, SLEEP tea - *Julie, Instagram message*

The tea has been fantastic. My son has been using calm tea during the day and sleep tea at night. He seems to be more relaxed and I'd falling asleep easily instead of being awake at 11pm. It's been a god sent Thank you

BLOOD BALANCE tea - *Lea, Facebook message*

I usually don't drink herbal tea but I tried Blood Balance recently from my local health food shop. It has helped with my blood pressure and I also take medication. It is the most wonderful tea I've ever tasted! I've just bought my second lot, love, love it!

HEADACHE tea - *Maria, Berwick, Vic.*

"My daughter, Daniella, is 8 years old and when she had a headache a few weeks ago, we tried everything including hydration and aromatherapy. After 6 hours, I decided to make the HEADACHE tea and diluted it down and she sipped on a cup. Within ½ hour, it was gone. I did add some raw honey because it makes everything taste good. I would tell anyone not to hesitate to give the diluted teas to children. "

DETOX tea, SERENITY tea - *Vita, Berwick, Vic*

"I have been drinking your herbal teas for more than a year and my husband always called them grass clippings and would turn his nose if I offered him any, even when our 16 year-old son tried to urge him. Recently he went out to dinner and something he ate gave him a rash around his stomach. It was angry spots – he is allergic to additives. I offered him some of the Herbal Teas Australia DETOX tea and the next day, the rash was clearing and 2 days, it was gone. He loves drinking it now – how funny is that - and recently, I have been adding some SERENITY tea because of the lockdown. "

TUMMY tea - *Sarah, Paynesville, Vic.*

I bought your Tummy tea at the East Gippsland Field Days a year ago. I had been suffering from excessive bloating and digestive issues. I tried supermarket teas and lemon juice in water and eating healthy. No matter what, the digestive issues would flare up. Your tea really helps settle the bloating, pain and uncomfortable feeling.

SMOKERS BLEND RELAX - *Andy, East Gippsland*

I took the family away for the weekend to Mallacoota fishing and forgot to take my asthma pump. The chemist was closed so I tried the Smokers Blend Relax. I rolled some in cigarette papers to smoke and my lungs felt a million dollars! I also slept really well. Normally I get up once a night for my puffer. The herbs were a real-life saver.

SKIN tea, DETOX tea - *Martin, Ferntree Gully, Vic*

Herbal Teas Australia saved my 'skin'.....so to speak.

For 45 years I have suffered from a debilitating genetic skin disease. This disease brought out a very painful rash, cold sore virus and staph infections requiring hospital admissions. These admissions would require intravenous drugs and cortisone steroids.

Just alone in 2018, I had 22 hospital admissions. Then..... in February 2019, I met Liz from Herbal Teas Australia. After discussions, Liz suggested I try the Detox & Skin teas.

Well... it's now December 2019, no hospital admissions or "flare ups" this year or any signs of skin blemishes. I never thought something so "natural" would be my "life saver".

MATCHA tea - *Maree, Taradale, Vic*

I have a 24-year-old son who has been drinking Matcha green tea every day for 12 months and it has dramatically evened out his moods and he is more settled.

He makes a soup mug of it every day. He works a busy and stressful job and used to be very anxious. I have watched him become calmer and better able to cope. It's the best medicine. I would recommend drinking the Matcha Green tea to any young person, especially if they suffer from anxiety or stress related job.

WINTER BLEND tea, COUGH tea - Report from our Inverloch stockist

I have a customer who had lost her voice completely. She said she didn't drink tea but I explained to her that the Herbal Teas Australia tea blends are tonics for the body. She mixed the WINTER BLEND tea with the COUGH tea and that same night, her voice started to come back. The next day, she drank it throughout the day and it has worked remarkably. She's a real convert now and says the teas are fantastic.

COUGH tea, URINARY tea - *Lyn, East Gippsland dog breeder.*

Not just for humans... A heart-warming testimonial from a dog breeder about her dog recovering from a reaction to the kennel cough vaccination that his "sister" previously didn't survive.

I bought your COUGH tea several months ago when I was desperate to help my dog overcome a reaction from the kennel cough vaccination. As well as a cough, my dogs' mouth was ulcerated. I added the tea to the dog's water so that by drinking from a bowl it also helped to bath the ulcers. My dog has recovered and is doing well. Now I recommend the teas to everyone and tell them about how they have helped our dog. I love them.

One of Lyn's recommendations was to another dog owner, Cathy, whose dog suffered from a uterus and kidney issue that meant her dog had constant Urinary Tract Infections.

She started adding the URINARY tea to her dogs' water and her Vet says he is amazed at what the herbs have done.

COUGH tea - *Tilly, Facebook message*

The COUGH tea is great! I have been coughing for years and tomorrow I have a specialist appointment which I am cancelling. Since drinking the Herbal Teas Australia COUGH tea, I haven't been coughing near as much. To date, no one has been able to tell me what is causing the constant coughing. That's why I want more of the COUGH tea. It was my neighbour who recommended the COUGH tea. My cough hasn't completely disappeared but if you could have heard me before and hear me now - it's a miracle! I am so pleased (and so are my family and friends) and that's why I want to order more.

I remember asking you at the Warragul market when I made my first purchase 'do they really work? you convinced me that they would and now at the end of my 'cough' packet I can wholeheartedly agree. I am sure the others do as well but it is the cough blend that is my go-to tea. I am looking forward to the eyes blend too. The libido one should also be interesting. I recently visited a naturopath with that idea part of my list of 'ideas' I wanted to address so I will drink that one with interest. Thanks again. I am looking forward to 'reporting back' in due course

COUGH tea - *Linda, Nowra*

After a dust storm late last summer on the NSW south coast I had a really bad cough for 3 months that wouldn't stop. I met you at Farm World, Lardner Park (Warragul) and you recommended the COUGH tea. I make it up and put it in my water bottle and sip on it all day every day. My cough has almost gone. It's just brilliant.

SLEEP tea - *Amy - Sale*

Love, love, love my SLEEP tea. It's so delicious I wish I could drink it all day long. Can't wait to try some other blends.

RESTLESS LEGS - *Keith - Bairnsdale*

I was doing a lot of driving and often had irritable legs. I've been drinking the RESTLESS LEGS tea for 18 months now and I just don't get restless legs anymore. I drink it once a day after work but more sometimes because I like it. I highly recommend it.

SOUP-HERB - *Mel McCrystal - Facebook review*

I absolutely love these teas. Even tried the inflammation SOUP-HERB mix recently. I have my pot of tea every night in bed. The problem is choosing which one to have! They are all amazing. And I own way too many haha. Thanks for supplying Gippsland with your amazing teas and more.

WINTER BLEND and COUGH - *Dan Hellenen, Vermont South*

I regularly use the WINTER BLEND and COUGH tea year-round. If I am feeling a little sluggish, I make up a small pot and when I've finished drinking it, I feel energised. So glad I came across you at a market.

Ziggy Rose - St Andrews

Hi Liz, I bought a couple of herb mixes off you and I wanted to say a massive thank you! My tummy is the happiest it's been in years - I have suffered from chronic gastritis as an infant and coeliacs disease - I feel more alive and healthier and I really appreciate and support you! I will definitely be a regular.

FATIGUE tea - *Trish Knox - Drouin South*

When I am having a bad day of fatigue at work (I suffer from glandular fever and auto immune dysfunction), I make a pot of FATIGUE tea and within about half an hour, I am feeling so much better and able to continue at work. Before drinking the FATIGUE tea, this wasn't possible and I would have to leave work and go home to bed.

Amy Lee Webster - Bairnsdale

Absolutely swear by these teas! It has done so much for me I will definitely be ordering some more soon! Can't wait to try some other varieties to!!

Dr. Slava Snitkovsky

Herbal tea products have a good recipe, help against various diseases. In addition, I want to note the excellent service and support.

From our Sydney Dealer - Julie Ann McPherson, The Holistic Shack

The Herbal Teas Australia team are just amazing, they are all such caring, kind, understanding, genuine and extremely helpful people. I am so grateful for the opportunity to be a part of their company. The best investment.

HAIR Tea – *Di via email*

I am so enjoying your herbal teas and wanted to share with you my results from using your hair tea mix. I have attached a photo showing two pics of clumps of hair. Yuk! I know! But exciting for me. First pic from January this year, and was collected from the shower after I had washed my hair. Pic 2 is from this week, again collected from the drain after washing my hair. So, three months of two mugs daily and the result is amazing. Short version of my story, I noticed more hair than usual coming away each time I washed it (2-3 times a week) from about October last year, and having fine hair as it is, I can't afford to lose too much. My family has had a lot of stress (ongoing) in our lives over the last 2 years, and, as a result of said stress, my hair began to thin. I'm also in my late 50's, another contributing factor. I had been researching herbal remedies, but hadn't got around to buying any when I saw your stall at the Phillip Island Pier market over Christmas. I purchased the tea, drank it daily, didn't change anything much else, ate a little better, maybe, but that's all, and my hair loss slowed and I could see some regrowth too. Very happy customer! My daughter has also been experiencing hair loss, again stress related, and I have bought some of the mix for her and she is on the daily tea now too. Hoping it will work for her just as well as it has for me. Thank you so much, I am telling anyone who'll listen how good your tea is. Sincerely, Di (via email)

ACHE and PAINS tea - Jenny

I am so happy to have found your herbal teas.. I drink the "Aches and Pains" tea each morning.. it has become such a lovely daily ritual.. so enjoyable to drink and I definitely feel relief from my arthritis after drinking.. loved the samples and the wonderful variety you offer and have just placed my next order.. thank you so much.. Thank you too Liz for the speedy dispatch of my next order.. really appreciate it..

SMOKER BLEND RELAX, SMOKER BLEND HARMONY, SMOKER BLEND FEELGOOD, FATIGUE, ACHE and PAIN, FEMININE BALANCE - Fideas

Hi Elizabeth I just want to say a massive thank you for your products. I ordered the 3 smokers blend, fatigue, joints and ache blend and feminine balance for my wife. With my order I received a free gift of immune blend and several wellness packs. All I can say is how amazed I am by the quality and taste of your products. My wife and I have thrown away so many medications as the tea is more than sufficient. Headaches are a thing of the past. No more pain relief medications as over time the teas relief the symptoms. Fatigue is no longer is an issue also. I have even recommended your teas to family and friends after they commented on the massive changes in both my wife and myself. I can confirm I will be returning to order more of the other ranges of tea you have available.

CHOLESTEROL tea - Chatherine, Sunshine Coast (Qld)

I must let you know how happy I am with your cholesterol blend of tea. I started using your tea about 2.5 months ago when my cholesterol levels were 7.4. Now they are 6.7 so heading in the right direction and enjoy the tea. I only have it once a day with breakfast so very happy with it. Thank you.

CALM tea - Kris Gudeika - Hampton Park

Hi Liz, I met you at Emerald market and purchased your **CALM** tea. I work afternoon shift and take a bit of time to wind down. Not anymore!!!!!! Your tea is amazing!!!! I would like to order two more packs. Please advise how I go about this. Also I would love a catalogue and stockist list. I'm Hooked! Thank you so much

ALERT tea - Georgia, Traralgon (Vic)

I ran out of the ALERT tea, and I just don't function well without it. This tea really makes a difference, I get stuff done at work and study as well.

MULLEIN tea, DETOX tea - Ann, Kalimna (Vic)

I have just received my second order of Herbal Teas Australia. I was so impressed with my first order that I have re-ordered MULLEIN tea, DETOX tea and ventured on to others. Having recently had anaesthetic, I felt my breathing was a bit laboured and I had a raspy breath. I drank MULLEIN tea 3 times a day for a couple of weeks and feel brand new. Also, the body needed to detox after all the antibiotics and medications after surgery. The DETOX tea cleanses and seems to rid the system of toxins. Again, for 3 weeks I took this tea 3 times a day. My skin improved so much, and I felt a sense of well-being, so much so that I ordered more. I now have a wonderful array of your tea. Thank you and I look forward to my newly ordered tea.

MULLEIN tea - *Winston, South Australia.*

I recently purchased 2 packets of the MULLEIN tea from you, I also purchased tea bags from elsewhere and I use 1 teaspoon of the loose leaf to each of the teabags. I have noticed a great difference since taking this brew. I have suffered from Bronchiectasis for the past 30 years and the MULLEIN tea helped my breathing and removal of mucous.

SLEEP tea, DETOX tea, STRESS HEAD tea, SPORTS RECOVERY tea

"It's been a Godsend this tea, (SLEEP tea). I have also been drinking the DETOX tea which has helped keep my system feeling more fresh since I have been getting more used to Coeliac life. Also the STRESS HEAD tea has kept me feeling relaxed when times get a little daunting chasing after Harry. I have put a few friends onto the teas and think they will be in touch, especially a few mums who are having their own sleep issues after the little ones sleep patterns went chaotic....We both feel a lot more healthier since getting better sleep, it (the tea) has worked better than the melatonin my neurologist gave me to re-balance my own sleep pattern. I might also get some of the SPORT AND RECOVERY tea as I find I can be a little cramped and sore from training. Thanks again, I am super rapt with the tea!"

TUMMY tea - *Brittany - Narre Warren*

I had a stomach upset and felt nauseous for several days. A cup of TUMMY tea stopped the nausea. I drink it now because I like the taste.

SKIN tea, TUMMY tea - *Amanda - Camberwell*

I bought the SKIN & TUMMY teas to help with acne & tummy bloating. I had a massive clear up of my skin drinking the SKIN tea and the TUMMY tea stopped my constant bloating. I have not found a combination of herbs that helped as much as they did.

ORGANIC SPEARMINT & LICORICE ROOT tea *Andrea - Warrandyte*

I would highly recommend Herbal Teas Australia organic herbal teas to anyone who's looking for teas that taste "real good." I am really enjoying the organic spearmint & licorice root tea – it's delicious. I can't believe how many times I can top up the teapot and still enjoy the beautiful flavour.

MENOPAUSE tea – *Cecily - Knoxfield*

A friend of mine has bought your herb tea for Menopause and she is swearing that the tea actually helped her with her menopause symptoms – hot flushes.

COUGH tea - *Lynne - Notting Hill*

My friend purchased the **COUGH** tea and can't believe what a difference this has made. Her hayfever symptoms and her cough seem to have diminished. She is feeling much better drinking the tea each day. Can I order another 3 packets, please.

SPORTS & RECOVERY tea - *Mark - Fitzroy*

I pulled my hamstring playing footy & literally guzzled the Herbal Teas Australia SPORTS & RECOVERY tea to help with my recovery. When I did return to footy, quicker than I have before when I have had the same injury, my leg was really good – must have been the tea –and we won by 6 points.

IMMUNE tea, SERENITY tea - *Patricia*

My friend have me a packet of IMMUNE tea whilst I was in hospital after a double mastectomy. I love it but have finished it. I would also like to try the SERENITY, it seems to be a favourite.

CHOLESTEROL tea - *Sue, Warragul*

I had been on statin medications for cholesterol but the tablets gave me leg pains. I don't recall what the cholesterol level was but it was high enough for the doctor to give me tablets. So I stopped the tablets and started drinking the teas about a year ago. I had a blood test six months later and the doctor told me I don't need tablets. Very pleased.

KIDNEY & GOUT tea - *Luke, Vermont*

I suffer terrible gout. The gout got so bad I saw a rheumatoid specialist who gave me tablets to take. I just didn't want to keep taking the tablets because they are not good for your kidneys. Some days I was so sore I could barely walk but nothing was helping. I finally decided to try the Kidney and Gout Tea a friend gave to me. I make the tea with the infuser and drink 3 cups a day, after two weeks the bad pain in my hands and joints stopped - I have to keep drinking this!"

Buy in Store or

Email: sales@giftwareagencies.com.au

to find a stockist near you